

SPRING



Partners In Recovery



“Be yourself; everyone else is already taken.” — Oscar Wilde



W.O.R.C

Women only recovering creatively has remained running to support group members during CV19. Manager Christina Clarke works with clients using a closed Facebook group, an online recovery group and she makes deliveries on group day (Sunday) of treats for group members which they would have ordinarily accessed during their lunch together.

To refer to this project- call Christina Clarke on: 07595 767 005

Support during Covid19

- Drinkline provides free advice and support, on 0300 123 1110
- FRANK provides free information and advice on drugs, and information on where to get help, on 0300 123 6600
- the National Society for the Prevention of Cruelty to Children (NSPCC) helpline, if there are worries about a child or young person, on 0808 800 5000
- the National Association for Children of Alcoholics (Nacoa), on 0800 358 3456
- Childline provides advice for anyone under 19, on 0800 1111



Emergency Funding

made available- **Deadline 27th May-** Specific to Homeless charitable orgs affected by Covid 19, see [here](#) for more details!

Information Governance



At this time there have been more pressures to share in a timely way and the policies surrounding practice are being stretched into plenty of talking online and over the phone. [Here](#) is a handy link about Information Governance which might signpost or support your organisation whilst coping with the impact of Covid 19.

Good news! More online groups...



Specific online groups for 'Marijuana Anonymous' now listed [here](#)

- [One You Drink Less](#), which offers advice on cutting back on alcohol
- [FRANK](#), which offers information and advice on drugs and where to get help
- [Down Your Drink](#), which provides interactive web-based support to help people to drink more safely
- [Nacoa](#), which provides information, advice and support for anyone affected by a parent's drinking

Intl day against Homophobia, Transphobia and Bi-Phobia

May 17th



[Rainbow Europe](#) details an equality map of the globe as well as an annual review (downloadable) see below for a quote from the UK findings:

“Almost half of young homeless LGBT people become homeless because of family rejection. Of them, half come from religious backgrounds, primarily Christian or Muslim, as shared by the Albert Kennedy Trust (AKT). The country's first permanent LGBT Shelter opened in London in May, run by the Outside Project. The UK's first retirement home for LGBT people is planned to beset up next year.”



Useful links & Resources for Recovery Services

1. [Royal College of Psychiatrists – COVID-19: Working with vulnerable people](#)
2. [European Monitoring Centre for Drugs and Drug Addiction](#)
3. [Drink and Drugs News](#)
4. [Collective Voice](#)
5. [Scottish Drugs Forum](#)
6. [Society for the Study of Addiction](#)
7. [Homeless Link](#)
8. [Alcohol Change](#)



PROUDLY SUPPORTING #YOUARENOTALONE