

The logo features the words 'STAY' and 'SAFE' stacked vertically. 'STAY' is in a dark blue font, and 'SAFE' is in a teal font. To the right of 'SAFE' is a large orange exclamation mark. The entire logo is enclosed in a teal rectangular border.

**STAY
SAFE!**

East Sussex Stay Safe Directory 2019

This directory provides a variety of programmes and workshops which are currently being offered by a range of organisations and which focus on different strands of community safety and personal safety.



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Introduction

Welcome to the second edition of the East Sussex Stay Safe Directory.

This directory pulls together a variety of programmes and workshops which are currently being offered by a range of agencies and organisations. All of these focus on different strands of community safety and personal safety such as cyberbullying and preventing extremism. The directory is split into Primary and Secondary/FE sections for ease of searching.

By using some of these resources we hope it will help your school/college:

- Develop good quality preventative education and to collaborate with partners on the wider Community Safety Education and Awareness work in relation to risk, harm and threat to young people.
- Offer a current, modern and creative programme on personal safety and community safety which is well planned and co-ordinated.
- Provide up to date information and clear and factual advice and support on relevant and topical areas to your pupils.

Part of this directory includes a profile of risk to assist you in identifying what education and prevention programmes could be more relevant for your learners in the geographic area your school community is located.

An extensive list of supporting external resources and links are included at the end of this directory under key themes.

We hope you find the directory useful

The Safer East Sussex Team

Partners



NSPCC - Through the Schools Service the NSPCC aim to protect children and provide all schools across the UK, with the tools to do that. The programmes, resources, helplines and training that make up their Schools Service have been specifically designed to help safeguard children in your school and are invaluable in helping your school meet its safeguarding inspection requirements.

www.nspcc.org.uk/services-and-resources/working-with-schools/

PRIORITY 1-54

Priority 1-54 is a newly established, not for profit social enterprise based in Brighton, offering dynamic, creative and interactive training, workshops and support on a range of issues including safeguarding, Prevent, friendships, bullying behaviour, e-safety and student participation.

www.priority154.com

East Sussex Fire and Rescue Service Education Team



East Sussex
Fire & Rescue Service

The Children's Services & Education Team is actively involved in visiting the Primary, Secondary & Special Educational Needs schools in East Sussex and Brighton & Hove with the aim to educate children and enable them to lead safer lives.

www.esfrs.org/your-safety/education-intervention

Sussex Police



INSPIRE is the Sussex Police Education Programme and is an interactive teaching resource for Police Officers to use.

The underlying principles of INSPIRE are to educate children and young people, in order to prevent them from becoming victims or offenders of crime.

South East Regional Organised Crime Unit



Cyber Crime Unit: The Prevent Team work with young people to identify those who are gifted and talented in the world of Cyber, as well as those who are vulnerable or at risk of Cyber exploitation and committing Cyber Crime.



The Safer Communities Partnership

involves a range of agencies and is supported by the Safer East Sussex Team, which consists of Community Safety staff from Sussex Police and East Sussex County Council. The Team offer preventative and

intervention programmes around some of the key priority areas of community safety. These include Preventing violent extremism, cyber crime and exploitation of young people. www.safeineastsussex.org.uk/what-we-do.html



Safety Net is a registered Children's Safety charity based in Brighton and Hove and operating for the last 21 years. Their aim is to prevent harm and abuse to children and young people by helping children to feel

and be safer and supporting adults to act more protectively. Safety Net can provide a range of projects and services which includes; safety awareness education programmes for all children including bullying prevention, personal safety, well-being and online safety www.safety-net.org.uk/about/



The YMCA Wise Project works with and supports children and young people up to the age of 25 who are at risk of or experiencing sexual exploitation. The service works across Brighton and Hove, Surrey and East Sussex to support children and young people to stay safe in their relationships. www.ymcadlg.org/support-advice/wise/



Bikeability – is the national programme for cycle training in England, Wales, and Scotland. The programme is purely voluntary-schools may sign up to host classes for children. Adults may also join classes. In England and Wales, the programme is administered by Cycling England.

www.eastsussex.gov.uk/roadsandtransport/roads/roadsafety/roadawareness



The Education Support, Behaviour and Attendance Service (ESBAS) provide specialist support and guidance to schools to support children and young people with poor attendance, challenging behaviour, and issues related to bullying.

<https://czone.eastsussex.gov.uk/inclusion-and-send/isend-services/education-support-behaviour-and-attendance-service-esbas/what-is-esbas/>

Primary

Organisation	The Education Support Behaviour and Attendance Service -ESBAS
Name and description of workshop/session	<p>KS1: An interactive workshop where children focus on friendly and unfriendly behaviour and to support their understanding of how these behaviours look. It will help children to identify different strategies to use when they are being treated negatively and consolidate key learning skills; good looking, listening, talking and waiting.</p> <p>KS2: An interactive and engaging KS2 assembly which will teach children about the benefits of using the internet and ideas around staying SMART online. The assembly includes discussion around some real-life scenarios and the opportunity for children to reflect on what they would do.</p> <p>A parenting workshop is available to run with both sessions and a teacher pack and all of the resources are provided by ESBAS</p>
Contact details	<p>Lewes and Coastal: Kate Rosling Work: 01323 747484 Email: kate.rosling@eastsussex.gov.uk</p> <p>Eastbourne: Vidyu Narayan Work: 01323 747456 Mobile: 07867 906432 Email: Vidyulatha.Narayan@eastsussex.gov.uk</p> <p>Hastings and Rother Corinna Human Work: 01424 726083 Work: 01424 726083 Email: corinna.human@eastsussex.gov.uk</p>
Learning intentions	<p>To develop children's, parents and schools awareness of bullying.</p> <p>To develop effective strategies and understanding for dealing with bullying and to engage young learners in identifying and dealing with bullying and empower them to feel confident to deal with it.</p>
Cost	<p>3 units KS1 3 Units KS2</p>
Target audience	Primary schools KS1 and KS2, pupils, staff and parents.

Primary

Organisation	NSPCC
Name and description of workshop/session	Speak Out Stay Safe Programme (SOSS) KS1 Assembly (20 mins) KS2 Assembly (30 mins) Year 5 & 6 Class based workshops (up to 1hr)
Contact person	Amanda Rocca
Contact details	amanda.rocca@nspcc.org.uk https://learning.nspcc.org.uk/services/speak-out-stay-safe
Learning intentions	<p>The Speak out Stay safe sessions are tailored for each audience with content for each session, different and age appropriate.</p> <p>SOSS for KS1 session is a very gentle introduction to the programme and is focussed on helping children speak to the range of grown-ups in and out of school, including Childline, about their worries or something that is making them feel unhappy.</p> <p>SOSS for KS2 is aimed at helping children understand the different types of abuse so that they can get help for them or a friend if they need it. We will introduce, in a very child focused way, abuse in all its forms, including neglect, physical abuse, sexual abuse, emotional abuse, domestic abuse and bullying/online .The hear about Childline, and how the service can support them.</p> <p>The workshops for Years 5-6 explore the definitions of neglect and sexual abuse in further detail and the children take part in engaging discussions, including looking at 4 different scenarios and deciding whether they are OK or not OK based on how a child would feel and importantly, who and where to go for help and support</p>
Cost	Free to schools
Target audience	Reception/FS2 – Year 6

<h1 style="margin: 0;">Primary</h1>	
Organisation	Safety Net
Name and description of workshop/session	<p>Safeguarding and Child Protection for Schools Training</p> <p>This course is CPD accredited and helps education settings meet their OFSTED requirements, regarding safeguarding and child protection issues. You will gain an understanding of your role in establishing a safe environment and safe working practices in protecting children and young people from harm and abuse.</p>
Contact person	Katharine Smith – Safety Net Training Team
Contact details	<p>Email: training@safety-net.org.uk Phone: 01273 420973</p> <p>www.safety-net.org.uk</p>
Learning intentions	<ul style="list-style-type: none"> • Gain confidence in handling concerns and disclosures • Explore Safeguarding and Child Protection • Learn the signs and symptoms of abuse • Discuss the multi-agency approach to safeguarding • Gain knowledge about the legal background.
Cost	Contact us for details.
Target audience	Teachers, School Staff, Governors, Volunteers

Primary

Organisation	Safety Net
Name and description of workshop/session	<p>'Feeling Good, Feeling Safe' is a whole school approach to promoting children's resilience and preventing violence and abuse. It aims to support pupils from Reception to Year 6 to learn the skills to keep themselves feeling safe and to ensure they can get help if they need it. The programme is based on Protective Behaviours, an evidence-based programme, and its two core themes:</p> <p>"We all have the right to feel safe all the time"</p> <p>"We can talk with someone about anything, even if it feels awful or small"</p> <p>The resource when delivered will help schools to demonstrate how they meet the Ofsted requirements around Keeping Children Safe. It also provides a framework and tools for increasing children's resilience and reducing their vulnerability by supporting children's mental health and well-being.</p> <p>The pack is for all children, as it teaches skills for life which can be used in everyday safety situations, as well as to address more serious problems.</p>
Contact person	Terri Fletcher (Director)
Contact details	Telephone: 01273 411613 Email: Terri.Fletcher@safety-net.org.uk www.safety-net.org.uk
Learning intentions	<ul style="list-style-type: none"> • Inform children of their right to feel safe and build skills and tools for feeling and keeping safe • To be able to name and express different feelings • To know the correct anatomical names for all part of the body, including genitals and understand that our bodies belong to us • To understand the difference between fun to feel scared, risking on purpose and unsafe • Understand how our choices affect the feelings of others and have consequences • Increase children's abilities to problem solve and make safety plans • To encourage children to seek support when they need it and know who to ask for help.
Cost	A read only copy of the pack is available FREE for schools, please also contact us for details of costs for hard and downloadable versions, as well as staff training. Training@safety-net.org.uk
Target audience	All children from Reception to Year 6 and their parents School training and support staff

<h1 style="margin: 0;">Primary</h1>	
<h2 style="margin: 0;">Organisation</h2>	Safety Net
<h2 style="margin: 0;">Name and description of workshop/session</h2>	<p>Mindfulness in Schools.</p> <p>A one day training course for teaching staff to experience and learn the tools and skills of mindfulness to use for themselves and teach to children.</p> <p>Research shows that mindfulness for schools</p> <ul style="list-style-type: none"> • Is easy to implement • Can improve mental emotional social and physical wellbeing • Can contribute directly to development of cognitive and performance skills and executive function
<h2 style="margin: 0;">Contact person</h2>	Katharine Smith – Safety Net Training Team
<h2 style="margin: 0;">Contact details</h2>	<p>Training@safety-net.org.uk Tel: 01273 420973</p>
<h2 style="margin: 0;">Learning intentions</h2>	<p>The intentions of the session are that teaching staff:</p> <ul style="list-style-type: none"> • Understand and experience the core tools and skills of Mindfulness and be able to confidently pass these on to children. • Develop an understanding of the neuroscience, background and benefits of Mindfulness for children and adults. • Create a plan for implementing Mindfulness into a whole school approach.
<h2 style="margin: 0;">Cost</h2>	Contact us for details
<h2 style="margin: 0;">Target audience</h2>	Primary school staff, teachers, teaching assistants, learning mentors, office staff

Primary

Organisation	Safety Net
Name and description of workshop/session	<p>Safety Rocks Safety Rocks are a series of whole class workshops. The interactive sessions include:</p> <p>Feeling Fine Online - Children explore the risks and benefits of the online world and strategies to stay safe. The sessions include discussion about the benefits of the internet, including how to seek advice and information, education and knowledge as well as the potential risk factors. A workshop can also be delivered for parents & carers on how to use parental controls and agree an online safety contract with their children.</p> <p>Friendship Matters - The session includes: What makes a good friend? Kindness vs meanness and our feelings, why friends fall out and how to manage that. Delivered through games, discussion, scenarios and film clips.</p> <p>Moving Up - Helps children consider the positive and negative aspects of the move up to secondary school and strategies to deal with worries and concerns. The session is based on feedback from young people in Year 7 and their experience of transition.</p> <p>Class sessions are up to 45 minutes per class, and can be delivered with an assembly or separately.</p>
Contact person	Katharine Smith - Safety Net Training Team
Contact details	Katharine Smith training@safety-net.org.uk Tel: 01273 420973
Learning intentions	<ul style="list-style-type: none"> ▪ Enable children to talk about their feelings, worries and concerns ▪ Understand how to keep themselves and others safe in different situations and settings ▪ Identify risks and benefits in different situations ▪ Children are able to identify strategies for when things go wrong to help them to feel and be safer.
Cost	Contact Safety Net Training team for details of costs
Target audience	Children in years 4, 5, and 6 and their parents

Primary

Organisation	Safety Net
Name and description of workshop/session	<p>Playground Buddy Training</p> <p>The playground buddy scheme provides training to a selected group of children to encourage more inclusive playtimes and resolve low level conflict before it escalates into bullying behaviour.</p> <p>Our training delivered in one day or over a number of sessions uses role play, discussions and games to help children to learn how to support and empathise with their peers.</p> <p>Playground buddy training is usually delivered over two half or one full day.</p>
Contact person	Katharine Smith - Training Team
Contact details	<p>Training@safety-net.org.uk</p> <p>01273_420973</p>
Learning intentions	<ul style="list-style-type: none"> ▪ Understanding the Playground Buddy's role and duties <ul style="list-style-type: none"> Identifying safe and unsafe areas and behaviours in their playground ▪ Exploring the difference between bullying, mean moments, conflict and teasing ▪ Understanding the role of the bystander, both helpful and hurtful ▪ Practising how to deal with bullying and being a helpful bystander ▪ Building awareness of their own and others feelings ▪ Developing a safe network of people whilst being a buddy
Cost	Please contact us for costs
Target audience	Children in years 3, 4, 5, 6

<h1>Primary</h1>	
Organisation	Priority 1-54
Name and description of workshop/session	<ul style="list-style-type: none"> • Defining what bullying is and what it is not • Exploring bystander behaviour • Building digital resilience • Managing your online reputation • Building positive friendship skills and dealing with friendship problems • Celebrating difference, diversity and prejudice-based bullying • Dealing with the transition from primary to secondary school • Think: Protect: Connect - exploring the themes of online radicalisation and extremism.
Contact person	John KHAN
Contact details	<p>Telephone: 07846 137597</p> <p>Email: john.khan@hotmail.co.uk</p> <p>Website: www.priority154.com</p>
Learning intentions	All workshops are underpinned by all 54 articles laid out in the United Nation Nations Convention on the Rights of the Child (UNCRC).
Cost	Contact priority 1-54 for costs
Target audience	Primary KS1 KS2

<h1>Primary</h1>	
Organisation	East Sussex Fire and Rescue Service
Name and description of workshop/session	The lesson lasts one hour and introduces the children to the R.U.S.A.F.E. lesson package . This covers a young person's safety in the home including smoke alarms and exit plans.
Contact person	<p>Elaine Wink (Education Officer) Tel : 01323 462449 Mobile : 07949 285449</p> <p>Michael Warner (Education Officer) Tel : 01323 462441 Mobile : 07950 876775</p> <p>Darren Grover (Education Officer) Tel : 01323 462812 Mobile : 07810 636349</p>
Contact details	<p>Telephone: As above</p> <p>Email: education@esfrs.org</p>
Learning intent	<ul style="list-style-type: none"> • Understand about dangers in the home including matches and lighters • Understand different aspects of safe and unsafe situations • Know how to safely cross the road. (Stop, Look, Listen & Think) • Recognise a smoke alarm or fire alarm and understand what to do if they hear one. (Get out, Stay out, Call 999) to have an exit plan
Cost	NIL
Target audience	Year 2

<h1>Primary</h1>	
Organisation	East Sussex Fire and Rescue Service
Name and description of workshop/session	<p>This session lasts for approximately 1 hour and reminds the children to the dangers of fire whilst expanding on the dangers associated with heat and smoke</p> <p>The children will learn about smoke alarm testing and escape exit plans</p> <p>The lesson is again designed around an interactive presentation involving every child and their teachers</p> <p>The lesson is driven by the involvement in the children at all stages and a session in role-play</p>
Contact person	<p>Elaine Wink (Education Officer) Tel : 01323 462449 Mobile : 07949 285449</p> <p>Michael Warner (Education Officer) Tel : 01323 462441 Mobile : 07950 876775</p> <p>Darren Grover (Education Officer) Tel : 01323 462812 Mobile : 07810 636349</p>
Contact details	<p>Telephone: As above mail: education@esfrs.org</p>
Learning intentions	<ul style="list-style-type: none"> • Understand what hazards could start fires or harm them at home, at school or in the environment. • Understand the value of keeping themselves safe and the part they can play in that. • Know what to do if they hear a smoke alarm / fire alarm and how to get help in different situations
Cost	NIL
Target audience	Year 5

<h1>Primary</h1>	
Organisation	Safer East Sussex Team
Name and description of workshop/session	<p>Think: Protect: Connect</p> <p>These one hour workshops aim to create a safe space for discussion of Prevent-related issues and explore our relationship with personal identity, group belonging, British values, equality issues, stereotyping, propaganda and grooming on the internet.</p> <p>Four workshops run over a term</p>
Contact person	Dave Law
Contact details	<p>Telephone: 07552 286508</p> <p>Email: david.law@eastsussex.gov.uk</p>
Learning intentions	<ul style="list-style-type: none"> • Increase young people’s awareness, knowledge and understanding of radicalisation and the causes of extremism • Develop young people’s personal resilience to hate crime and extremism • Challenge stereotypes held by young people about certain individuals and groups • Equip young people with critical thinking skills • Identify online risks to themselves and others • How to make safe choices when using online tools and online gaming
Cost	NIL
Target audience	Year 5 and 6

<h1>Primary</h1>	
Organisation	East Sussex County Council
Name and description of workshop/session	Bikeability is the only government-recognised cycle training scheme, underpinned by national standards. Level 2 Courses consist of five 90-minute sessions. Level 1 course is a stand-alone session up to 2 hours. These are run during the school day, after school or during the holidays.
Contact person	Cycle Training Co-ordinator – Liddy Leeding Cycle Training Administrator – Zoe Currie
Contact details	Telephone: 01273 482490 / 01273 335795 Email: cycle.training@eastsussex.gov.uk
Learning intentions	It's recommended that children start with Level 1 so they can master their bike balance and control skills before moving on to Level 2, where they gain the skills and experience needed for making on-road trips. Most children take part in Level 1 when they are in Years 4 or 5 (aged 8-10), and Level 2 when they are in Years 5 or 6 (aged 9-11).
Cost	Level 1 Bikeability £10.00 per child Level 2 Bikeability £20.00 per child (FSM child receive L2 free) Level 3 Bikeability £25.00 per child Further information can be obtained from the Cycle Training team.
Target audience	Years 3, 4, 5 and 6

<h1>Primary</h1>	
Organisation	Coordinated by East Sussex Fire and Rescue Service
Name and description of workshop/session	<p>Safety in Action Events in 2019:</p> <p>These interactive learning events aim to teach children aged between 10 and 11 years how to deal with or avoid life threatening situations. The emphasis during these events is learning by experiencing risk – even if children make mistakes along the way! The dates and venues for 2019 are:</p> <ul style="list-style-type: none"> • 11th to 15th March – Bexhill Fire station • 25th to 29th March – Hastings Fire station, Bohemia Road • 20th to 23rd May – Newhaven Fort, near Lewes • 17th to 21st June – Bowles Outdoor Centre, Crowborough • 24th to 28th June- Herstmonceux Castle • 8th to 12th July – Hove/Brighton – venue TBC • 7th to 11th October – Eastbourne – venue TBC
Contact person	To find out more information or to book a place please contact Sophie.Hepworth@esfrs.org
Contact details	01323462075 07920411753
Learning intentions	<p>‘Safety in Action’ events encourage children to recognise hazards and take action to keep themselves and others safe. Each child will be presented with a participation certificate, workbook to take back to school in order to reinforce the safety messages learnt.</p> <p>They welcome children with special needs to this event.</p>
Cost	NIL
Target audience	The project is aimed at year 6 children (age 10 and 11 years) – before they make the step to secondary school and greater independence.

Primary & Secondary

<p>Organisation</p>	<p>The Education Support Behaviour and Attendance Service - ESBAS</p>
<p>Name and description of workshop/session</p>	<p>Online-safety Audit</p> <p>Statutory guidance from the DfE “Keeping Children Safe in Education” came into effect from September 2016. The importance of tackling bullying (including cyberbullying), teaching children to stay safe online, and ensuring they do not access inappropriate material, are all emphasised. The guidance states that peer on peer abuse, including “sexting”, should be reflected in the schools’ child protection policies. The guidance also states that “governing bodies and proprietors should ensure appropriate filters and appropriate monitoring systems are in place”</p> <p>ESBAS can provide an Online-safety audit for schools to assess whether they are meeting these requirements and to plan how to put appropriate measures in place. The audit involves a visit to school to consult with relevant staff, meet with pupils and view relevant policies.</p>
<p>Contact details</p>	<p>Lewes and Coastal: Kate Rosling Work: 01323 747484 Email: kate.rosling@eastsussex.gov.uk</p> <p>Eastbourne: Vidyu Narayan Work: 01323 747456 Mobile: 07867 906432 Email: Vidyulatha.Narayan@eastsussex.gov.uk</p> <p>Hastings and Rother Corinna Human Work: 01424 726083 Work: 01424 726083 Email: corinna.human@eastsussex.gov.uk</p>
<p>Learning intentions</p>	<p>A report is provided with detailed recommendations.</p>
<p>Cost</p>	<p>Email area contacts as above</p>
<p>Target audience</p>	<p>Primary and Secondary Schools</p>

Secondary/FE

<p>Organisation</p>	<p>South East Regional Organised Crime Unit Cyber Crime Unit: Prevent Team</p>
<p>Name and description of workshop/session</p>	<p>National Cyber Prevent Strategy To work with young people to identify those who are gifted and talented in the world of Cyber, as well as those who are vulnerable or at risk of Cyber exploitation and committing Cyber Crime, in order that we can work to educate and divert them. Should you have a highly gifted and talented young person interested in Cyber we can provide advice and online resources for them to participate in, both individually and as a school If you are concerned about what an individual is doing in the world of Cyber we can provide intervention and diversion.</p>
<p>Contact person</p>	<p>SEROUCY Cyber Prevent Officers: Andy, Jez and Pete</p>
<p>Contact details</p>	<p>Telephone: 101 for general contact - always 999 if anyone is at immediate risk Email: CyberPrevent@serocu.pnn.police.uk We can send an Educator's Information Pack on request</p>
<p>Learning intentions</p>	<p>Increase knowledge of the Computer Misuse Act for young people and the educators and professionals that engage with them. Explore consequences of continued toxic cyber behaviour. Illuminate the vast range of well-paid cyber career opportunities available to those with the necessary skills. Provide resources and positive pathways, both educational and vocational to assist with progression.</p>
<p>Duration</p>	<p>Bespoke Should you wish for us to attend a school to present we can only do so where multiple schools come together and stream students into relevant groups. We attend careers fairs and STEM events for that reason. We may attend individual schools if there is specific reason for concern</p>
<p>Cost</p>	<p>Nil</p>
<p>Target audience</p>	<p>11-17 year olds. Teachers and other professionals engaged with young people who may have a relevant skill set in the world of cyber.</p>

<h1>Secondary/FE</h1>	
Organisation	INSPIRE Sussex Police Education Programme
Name and description of workshop/session	<p>Consent (Short Word, Long Sentence)</p> <p>This session focuses discussion on consent</p>
Contact person	<p>PC Keith Beckley Youth Safety and Intervention Team Sussex Police</p>
Contact details	<p>Email: youthsafety@sussex.pnn.police.uk</p>
Learning intentions	<p>To provide young people with the ability to identify situations that have the potential to cause them harm.</p> <p>Objectives- For the young people to be able to-</p> <ul style="list-style-type: none"> • Know how to respond to a personal radar/instinct. • Understand the impact of rape. • Recognize what affects their personal radar/instinct. • Consider situations and identify when they could have a negative outcome.
Cost	NIL
Target audience	<p>Secondary KS3 KS4 Further Education</p>

<h1>Secondary/FE</h1>	
Organisation	INSPIRE Sussex Police Education Programme
Name and description of workshop/session	<p>Sex and the Law (Know the Risks)</p> <p>This session is about empowering young people to make safe choices and understand what is meant by consent</p>
Contact person	PC Keith Beckley Youth Safety and Intervention Team Sussex Police
Contact details	Email: youthsafety@sussex.pnn.police.uk
Learning intentions	<p>To raise awareness of the law and personal safety relating to sexual offences.</p> <p>Objectives:-</p> <ul style="list-style-type: none"> ➤ To know the relevant aspects of the Sexual Offences Act. ➤ To know the law governing sexual behaviour. ➤ To understand the meaning of true consent. ➤ To understand the risky behaviour caused by alcohol and drugs. ➤ To consider what can be done to reduce and manage risk.
Cost	NIL
Target audience	Secondary KS3 KS4 Further Education

<h1>Secondary/FE</h1>	
Organisation	INSPIRE Sussex Police Education Programme
Name and description of workshop/session	<p>Offensive Weapons</p> <p>To highlight the issues around carrying a weapon.</p>
Contact person	PC Keith Beckley Youth Safety and Intervention Team Sussex Police
Contact details	<p>Telephone:</p> <p>Email: youthsafety@sussex.pnn.police.uk</p>
Learning intentions	<ul style="list-style-type: none"> To know the law relating to offensive weapons including knives. To understand the consequences of using a weapon like a knife. To consider the impact of knife crime.
Cost	NIL
Target audience	Secondary KS3 KS4 Further Education

<h1>Secondary/FE</h1>	
Organisation	Safer East Sussex Team
Name and description of workshop/session	<p>Challenging Extremism</p> <p>A 30-50 minute workshop which can be delivered in an assembly/larger group or classroom based which examines what is meant by extremism and the process of online radicalisation.</p> <p>The workshop explains what hate crime is and how it can develop into adopting extremist views when left unchallenged.</p>
Contact person	Dave Law
Contact details	<p>Telephone: 07552 286508</p> <p>Email: david.law@eastsussex.gov.uk</p>
Learning intentions	<ul style="list-style-type: none"> Understand what is meant by the term extremism Understand why stereotyping is wrong Understand how hate crime can divide and damage our communities
Cost	NIL
Target audience	All year groups

<h1>Secondary/FE</h1>	
Organisation	East Sussex Fire and Rescue Service
Name and description of workshop/session	<p>Session 1 This session lasts for an hour and concentrates on issues affecting older children such as safety when sleeping over and babysitting. Continuing the theme set in earlier key stages the sessions are child centred and encourage the children to identify their own safety strategies and consider their role when caring for other people.</p>
Contact person	<p>Elaine Wink (Education Officer) Tel : 01323 462449 Mobile : 07949 285449</p> <p>Michael Warner (Education Officer) Tel : 01323 462441 Mobile : 07950 876775</p> <p>Darren Grover (Education Officer) Tel : 01323 462812 Mobile : 07810 636349</p>
Contact details	<p>Telephone: As above</p> <p>Email: education@esfrs.org</p>
Learning intentions	<ul style="list-style-type: none"> • To be aware of consequences and challenge attitudes • Causes of fire in the home that are relevant to young people • Understand the importance of an escape plan. • Bedroom/school/ babysitting/sleepovers, taking responsibility for your own safety and others • Be able to maintain and test smoke alarms and understand their important role in fire safety.
Cost	NIL
Target audience	Year 8

Secondary/FE	
Organisation	East Sussex Fire and Rescue Service
Name and description of workshop/session	<p>Session 2 This is an additional one hour interactive that can be facilitated when requested. This session explores the impact on a community when young people engage in anti-social behaviour such as Arson or Hoax calling.</p>
Contact person	<p>Elaine Wink (Education Officer) Tel : 01323 462449 Mobile : 07949 285449</p> <p>Michael Warner (Education Officer) Tel : 01323 462441 Mobile : 07950 876775</p> <p>Darren Grover (Education Officer) Tel : 01323 462812 Mobile : 07810 636349</p>
Contact details	<p>Telephone: As above</p> <p>Email: education@esfrs.org</p>
Learning intentions	<ul style="list-style-type: none"> • Understand the definition of arson. • Be aware of the consequences of arson for individuals and society. • Understand how the criminal justice system deals with arson. • Understand the reasons why people commit arson. • Understand the impact of hoax calls on the community.
Cost	NIL
Target audience	Year 8

<h1>Secondary/FE</h1>	
Organisation	East Sussex Fire and Rescue Service
Name and description of workshop/session	<p>WS² Water Savvy, Water Safe!</p> <p>Children receive an interactive experience where staff representing East Sussex Fire & Rescue Service, Royal Life Saving Society (RLSS) and the Royal National Lifeboat Institute (RNLI) talk out about their personal experience of the dangers of water.</p>
Contact person	<p>If you would like more information about this exciting initiative or would like to discuss how your school can get involved, please contact:</p> <p>Susan Taylor/Jenny Williams Water Safety Co-ordinators</p>
Contact details	<p>susan.taylor@esfrs.org jenny.williams@esfrs.org</p>
Learning intentions	<p>The presentations aim to equip young people with the knowledge needed to keep themselves safe in water and also what to do in an emergency.</p> <p>It increases personal relevance of the dangers of water and enables youngsters to have a better understanding of the power of water and the debilitating effects of cold water shock, which is what happens to their bodies if they are suddenly immersed in cold water and how quickly deterioration escalates.</p>
Cost	NIL
Target audience	Secondary Schools and FE Colleges

<h1 style="margin: 0;">Secondary</h1>	
Organisation	Safety Net
Name and description of workshop/session	<p>Safeguarding and Child Protection for Schools Training</p> <p>This course is CPD accredited and helps education settings meet their OFSTED requirements, regarding safeguarding and child protection issues. You will gain an understanding of your role in establishing a safe environment and safe working practices in protecting children and young people from harm and abuse.</p>
Contact person	Katharine Smith
Contact details	<p>Email: training@safety-net.org.uk</p> <p>Phone: 01273 420973</p> <p>www.safety-net.org.uk</p>
Learning intentions	<ul style="list-style-type: none"> gain confidence in handling concerns and disclosures explore Safeguarding and Child Protection learn the signs and symptoms of abuse discuss the multi-agency approach to safeguarding gain knowledge about the legal background.
Duration	3 hours
Cost	Contact us for details.
Target audience	Teachers, School Staff, Governors, Volunteers

<h1 style="margin: 0;">Secondary</h1>	
Organisation	Safety Net
Name and description of workshop/session	<p>Mindfulness in Schools</p> <p>A one day training for teaching staff to experience and learn the tools and skills of mindfulness to use for themselves and teach to children.</p> <p>Research shows that mindfulness for schools is:</p> <ul style="list-style-type: none"> • Easy to implement • Can improve mental emotional social and physical wellbeing • Can contribute directly to development of cognitive and performance skills and executive function
Contact person	Katharine Smith
Contact details	<p>Telephone: 01273 420973</p> <p>Email: Training @safety-net.org.uk</p>
Learning intentions	<p>The intentions of the session are that teaching staff :</p> <ul style="list-style-type: none"> • Understand and experience the core tools and skills of Mindfulness and be able to confidently pass these on to children. • Develop an understanding of the neuroscience, background and benefits of Mindfulness for children and adults. • Create a plan for implementing Mindfulness into a whole school approach.
Duration	½ or full day
Cost	Contact us for details
Target audience	Secondary school staff, teachers, teaching assistants, pastoral staff, office staff

Primary

Organisation	Safety Net
Name and description of workshop/session	<p>Peer Listeners programmes match older students with new or younger students to provide support and guidance. Through this relationship, peer mentors provide advice and support and serve as role models for younger people who need help. Challenges facing those being mentored include problems with schoolwork, getting to know their new school, coping with peer pressure, making new friends and minor bullying issues. A peer mentor can also simply be someone for a younger student to hang out with.</p> <p>Mentoring programs provide positive influences for younger people who may need a little extra attention or who don't have a good support system available to them. For example, a young person who is struggling to make friends, who feels they are being picked on or who simply feels lonely, may especially benefit from the support, attention, and kindness of a peer mentor, along with other supports.</p>
Contact person	Katharine Smith – Training Team
Contact details	<p>Telephone: 01273 420973</p> <p>Email: Training@safety-net.org.uk</p>
Learning intentions	<ul style="list-style-type: none"> • Understanding the role of a peer listener • Developing skills needed to support their peers • Practising active listening skills • Learning problem solving skills for low level conflict situations • Understanding how to keeping ourselves safe • Exploring confidentiality and support networks • Setting up and promoting the service
Duration	Training is delivered over two half days or a full day
Cost	Please contact us for details
Target audience	Students in years 8 – 11 (but varies from school to school)

<h1 style="margin: 0;">Secondary/FE</h1>	
Organisation	YMCA WiSE Project
Name and description of workshop/session	<p>WiSE Girls</p> <p>Targeted group work programmes at KS3 or KS4 for small groups of girls (up to 10) where it has been identified that they would benefit from additional support around self and relationships in order to reduce their vulnerability to sexual exploitation and abusive relationships.</p>
Contact person	Kim Abell, WiSE Education and Communities Worker Clara Larribeau-Wade, WiSE Project Manager
Contact details	<p>Kim.abell@ymcadlg.org</p> <p>clara.larribeau-wade@ymcadlg.org.uk</p>
Learning intentions	<p>Over the course of 6 weeks we work with the young women to reduce their vulnerability to child sexual exploitation. We aim to –</p> <ul style="list-style-type: none"> • Develop their confidence about who they are as individuals. • Encourage them to find their voice through the development of assertiveness skills, dealing with pressures and expectations in friendships and relationships. • Help to increase their body confidence, in turn boosting their self-esteem and self-worth. • Explore decision making, particularly in difficult situations and help them to understand subjects such as consent, online safety and child sexual exploitation. • In exploring these topics with the young women, we hope this empowers and better equips them to stay safe.
Cost	To be discussed with individual schools
Target audience	<p>Secondary Schools KS3 and KS4</p> <p>Further Education</p>

<h1>Secondary/FE</h1>	
Organisation	YMCA WiSE Project
Name and description of workshop/session	<p>WiSE Boys</p> <p>Targeted groupwork programmes at KS3 or KS4 for small groups of boys (up to 10) where it has been identified that they would benefit from additional support around self and relationships in order to reduce their vulnerability to sexual exploitation and abusive relationships.</p>
Contact person	Kim Abell, WiSE Education and Communities Worker Clara Larribeau-Wade, WiSE Project Manager
Contact details	<p>Kim.abell@ymcadlg.org clara.larribeau-wade@ymcadlg.org.uk</p>
Learning intentions	<p>Over the course of 6 weeks we work with the young men to reduce their vulnerability to child sexual exploitation. We aim to –</p> <ul style="list-style-type: none"> • Introduce the subject of masculinity, exploring the pressures on young men to behave and act in certain ways often negatively. • Help them to understand who they are and where they fit into society. • Encourage them to talk about their feelings and emotions highlighting how beneficial this is on their wellbeing. • Increase their self-belief system in turn boosting their self-esteem and self-worth. • Increase their knowledge of subjects such as e-safety and child sexual exploitation. <p>In exploring these topics with the young men, we hope this empowers and better equips them to stay safe.</p>
Cost	To be discussed with individual schools
Target audience	Secondary Schools KS3 and KS4 Further Education

<h1>Secondary/FE</h1>	
Organisation	YMCA WiSE Project
Name and description of workshop/session	<p>WiSE Extra</p> <p>Targeted groupwork programmes at KS4 for small groups of boys (up to 6) for whom there are concerns around harmful sexual behaviour.</p>
Contact person	Kim Abell, WiSE Education and Communities Worker Clara Larribeau-Wade, WiSE Project Manager
Contact details	<p>Kim.abell@ymcadlg.org clara.larribeau-wade@ymcadlg.org.uk</p>
Learning intentions	<p>Over the course of 6 weeks we work with the young men to challenge their perceptions and hopefully reduce the harmful sexual behaviours that they had previously been displaying. We aim to -</p> <ul style="list-style-type: none"> • Explore the identities of these young men, looking generally at why people behave the way they do and what pressures and expectations they are facing. • Explore behaviours, actions and consequences for these. • Help them to interpret their own feelings and that of others to increase their empathy. • Look at what consent is and how to use this in real life situations. • Discuss gender inequality, including the double standards in society and the impact that language in particular insults can have on others. • Increase their knowledge of child sexual exploitation looking at how this could impact victims and perpetrators. <p>In exploring these topics with the young men, we hope they learn the skills to self-reflect and think about the impact their behaviour may have on others and themselves.</p>
Cost	To be discussed with individual schools
Target audience	Secondary Schools KS3 and KS4 Further Education

<h1>Secondary/FE</h1>	
Organisation	Sussex Police, Sussex Safer Roads Partnership, South East Coast Ambulance Service and coordinated by East Sussex Fire and Rescue Service.
Name and description of workshop/session	<p>Stay Safe Stay Alive</p> <p>The show explores the consequences of getting involved in a road collision and emphasises the dangers inexperienced young drivers may encounter, such as excessive speed, distraction (mobile phones/passengers), drinking/drug use and importance of seatbelts for ALL passengers.</p> <p>N.B Safe Drive Stay Alive predominantly runs in November around the county utilising larger external venues of which they will arrange free coach travel to and from the venue for your pupils/teachers. They are normally run in Brighton and Hove, Uckfield, Eastbourne and Hastings</p>
Contact person	Susan Taylor and Jenny Williams
Contact details	To find out more about our Safe Drive Stay Alive events please email: susan.taylor@esfrs.org and jenny.williams@esfrs.org
Learning intentions	<p>The production is aimed specifically at young people who are at the age where they are either learning to drive, have just passed their test, or are becoming passengers with their friends who are already driving. This is a hard hitting performance and would not be suitable for under 16s.</p> <ul style="list-style-type: none"> • Increased understanding of the risks of driving and the consequences for young people involved in road traffic collisions. • Awareness of the necessary skills and attitudes required for being both a safe driver and a safe passenger • Understand the role of the emergency services that deal with road traffic collisions.
Cost	NIL
Target audience	Secondary School KS 4/ Further Education

<h1>Secondary</h1>	
Organisation	The Education Support Behaviour and Attendance Service - ESBAS
Name and description of workshop/session	<p>KS3 and KS4 Anti- bullying Workshop An interactive and engaging workshop to deal with bullying and / or Cyberbullying. The focus of the package can be tailored to suit the needs of the group / cohort or address any school-specific issues.</p> <p>To consider the changing nature of bullying (especially cyber bullying) and the additional associated risks and provide some tools to work with participants in bullying (victims, perpetrators & parents).</p> <p>A parenting workshop is available to run with the course. Teacher pack and all of the resources are provided by ESBAS</p>
Contact details	<p>Lewes and Coastal: Kate Rosling Work: 01323 747484 Email: kate.rosling@eastsussex.gov.uk</p> <p>Eastbourne: Vidyu Narayan Work: 01323 747456 Mobile: 07867 906432 Email: Vidyulatha.Narayan@eastsussex.gov.uk</p> <p>Hastings and Rother Corinna Human Work: 01424 726083 Work: 01424 726083 Email: corinna.human@eastsussex.gov.uk</p>
Learning intentions	To develop pupil, parent and school awareness of bullying and its impact and empower people to identify and deal with bullying.
Duration	1 hour pupil workshop 45 minutes Parent workshop These packages and training sessions can be run at any point in the year and tailored to the particular need / focus of the school to address the issue. They can also be pre-booked to take part in Anti-Bullying Week, which in 2018 will run from 12th-16th November with the theme, "Power for Good".
Cost	3 Units
Target audience	Secondary schools, pupils, teachers and parents

Booking Sessions

This is simple and straightforward. You need to contact the organisation or the named person on the profile sheet and they will get back to you to confirm booking/details with you as soon as they can. If you require further information on each session prior to booking then please contact the named person for the session.

It is worth bearing in mind that all organisations need as much notice as possible so the more time you are able to provide prior to delivery the better.

Disclosure and Barring Service Checks

It is the school's responsibility to decide whether an external visitor should be DBS checked and to what level before being allowed onsite. These decisions need to be based on activity, frequency and contact level.

Partner organisations which form part of this Community Safety Education programme will have their own safeguarding policies and employee checks as part of their service and it is up to schools to ensure that the required safeguarding processes are satisfied.

The school's safeguarding policy should outline the types of checks that are undertaken for the different roles in school including those for non-school teaching staff who carry out one off activities. Anyone carrying out regulated activity relating to children will require a DBS check. Regulated activity is explained here in more detail:

<https://www.safeguardingschools.co.uk/wp-content/uploads/2015/02/2014-Safeguarding-DBS-Factsheet-Regulated-Activity-Children.pdf>

Evaluations

It is important to assess and adapt activities to ensure they are as effective as they can be and can help identify areas for improvement.

The organisations involved in delivering the sessions in this programme have been doing so for many years and the identified learning intentions help to identify what the learning outcomes of each session will be. If you require further evidence or evaluations please speak to the organisation concerned.

School Funding

The Pupil Premium is allocated to children from low income families who are eligible for free school meals, children who have been looked after continuously for more than six months and children whose parents are currently serving in the armed forces. Its purpose is to address inequality, ensuring that funding to tackle disadvantage and support emotional and social well-being reaches the pupils who need it most. Schools are free to spend the Pupil Premium allocation as they see fit, and are held accountable for how they have used the funds.

Many of the activities and sessions offered in this programme can help improve personal, social and emotional education and attitudes to learning and attendance across the school.

Pupil Premium rates for eligible pupils 2018 – 2019

<https://www.gov.uk/government/publications/pupil-premium-conditions-of-grant-2018-to-2019/pupil-premium-2018-to-2019-conditions-of-grant>

Pupils in reception to year 6	£1,320
Pupils in years 7 to 11	£935
Looked after children	£2,300
Armed Service Children Pupils in year groups reception to year 11	£300

Schools are also eligible to apply for many external funding awards/grants to support the delivery of intervention and prevention education with their pupils. For further information please see:

- **East Sussex 4 Community** - The community funding support website for the East Sussex area
<http://www.idoxopen4community.co.uk/eastsussex?bcr=MTIzNA>
- **East Sussex External Funding Team** can help with identifying money for your project and help with quality checking applications for funding. Grants for Children and Young People - A sample of grants for not-for-profit organisations and schools looking for funding to help children and young people in East Sussex: <https://www.eastsussex.gov.uk/media/12162/grants-for-children-and-young-people-october-2018.pdf> / The ESCC [website](#) is full of useful information including some funding [guides](#) and their monthly [Funding News](#)

East Sussex Profile of Risk

To assist schools and organisations evidence why they are delivering prevention sessions and what they are delivering to their pupils the Safer East Sussex Team have developed a profile of risk to assist in identifying what some education and prevention programmes could be relevant with young people they educate and support.

The Safer East Sussex team has been specifically undertaking a mapping process to identify children / young people in or at risk of being exploited in relation to Serious Organised Crime in East Sussex. This has involved gathering a variety of data from partners to pull the indicators together which we know contribute towards the risk of a young person being more susceptible to *exploitation* by criminal groups/gangs. .

In the external resources section of this programme you will be able to find various resources which look at these issues in more detail.

This information has been put into easy read tables for you by area so you can see whether your school community has a higher threat, risk or harm from some of these influences in the local area.



Profile of Risk - Introduction

In 2015, the Home Office published 'Individuals at risk of being drawn into Serious and Organised Crime – a Prevent Guide'¹. It was a starting point in understanding the risk factors in pathways into Serious and Organised Crime. Academic research and information from law enforcement identified a number of factors that may put people at greater risk of being drawn into Serious and Organised Crime. These were structured around four categories, Criminality; Ability; Networks; Identity.

By using the Home Office publication as a guide, we have produced a more concise and measurable list of risk factors, which are relevant to young people. These can be seen in the table overleaf.

¹ Home Office 'Individuals at risk of being drawn into Serious and Organised Crime – a Prevent Guide'- 2015

Young People at risk of being drawn into Serious and Organised Crime
Youth Offending , particularly drug-related and violent offences
Child Sexual Exploitation , including Modern Slavery
Looked After Children (LAC)
Troubled Family Programmes (TF)
Missing episodes from home or care
Absent from school (truancy or exclusion)/ decline in attendance/ Not in Education Employment or Training (NEET)
Drug or Alcohol misuse (young person)
Children In Need - living in a chaotic or dysfunctional household (including parental substance misuse or parental criminality)
Neighbourhoods with high deprivation and high crime
Technical skills in modifications to game or software and online sharing and support
Associations with Street Gangs , including 'County Lines' and 'Cuckooing'
Family, friends and intimate relationships with those already involved in Organised Crime

The tables overleaf show the top 20 wards in East Sussex where young people presented with:

- The highest number of risk factors
- The highest number of risk factors per 1,000 young people (aged 5 to 19) by ward. This looks at the number of risk factors identified as a proportion of the total number of young people (aged 5 to 19) living in each ward.

It is important to be clear that the wards identified are not more likely to be where Organised Crime Groups target individuals, but they are the wards that meet the highest number of risk factors of pathways into Serious Organised Crime.

Top 20 wards by number of risk factors

	Ward	District
1	Langney	Eastbourne
2	Devonshire	Eastbourne
3	Hampden Park	Eastbourne
4	Sidley	Rother
5	Old Town Eastbourne	Eastbourne
6	Central St Leonards	Hastings
7	Ratton	Eastbourne
8	St Anthony's	Eastbourne
9	Newhaven Denton and Meeching	Lewes
10	Peacehaven East	Lewes
11	Hollington	Hastings
12	Newhaven Valley	Lewes
13	Ashdown	Hastings
14	Tressell	Hastings
15	Baird	Hastings
16	Central	Rother
17	West St Leonards	Hastings
18	Maze Hill	Hastings
19	St Michaels	Rother
20	Hailsham South and West	Wealden

Top 20 wards by highest number of risk factors per 1,000 population (aged 5-19)

	Ward	District
1	Sidley	Rother
2	Central St Leonards	Hastings
3	Newhaven Valley	Lewes
4	Peacehaven East	Lewes
5	Central	Rother
6	Langney	Eastbourne
7	St Michaels	Rother
8	Maze Hill	Hastings
9	Devonshire	Eastbourne
10	Ratton	Eastbourne
11	West St Leonards	Hastings
12	Hampden Park	Eastbourne
13	Hailsham East	Wealden
14	Ashdown	Hastings
15	Silverhill	Hastings
16	Baird	Hastings
17	Ditchling and Westmeston	Lewes
18	Hollington	Hastings
19	Gensing	Hastings
20	Tressell	Hastings

Open for Parents

Open for parents provide Staying Safe Online- a course available to parents and carers in East Sussex. This 90 minute session covers some of the potential risks and concerns that parents have about their child accessing the internet and electronic devices, such as viewing inappropriate materials, cyber bullying and screen time.

The session can be adapted to suit parents with children of any age, and covers a range of strategies for improving communication in the home and keeping children and young people safe online.

For more information about this session and others provided by open for parents, please visit the [website](#) where you can book on directly, call 01424 725800 or email info@openforparents.org.uk.



Was really great. So much more to it then I realised, I really thought it was going to learn stuff I already knew but it was way more than that - Julie, Grandma

Following on from the strategy you have given me my daughter's behaviour is so much better and tantrums easier to manage. I'm over the moon with your service and just thought I would let you know - Tom, Sing

External Resources

The following pages contain a range of resources freely available online and many have accompanying lesson plans and guidance on delivery. This is just a selection of what is available and it will be down to your own judgement as to whether the resources are suitable for your pupils by first reviewing the resource prior to delivery.

	<p>Drugs, Alcohol and Substance Misuse Resources for schools and teachers www.haringey.gov.uk/social-care-and-health/health/public-health/healthy-schools/drugs-alcohol-and-substance-misuse</p>	KS 3-4
Substance Misuse	<p>RISE ABOVE Public Health - Alcohol Lesson Using peer-to-peer discussion, scenarios and videos, students will be encouraged to identify and assess the risks associated with underage or irresponsible drinking, and how to deal with pressure from peers. https://campaignresources.phe.gov.uk/schools/resources/alcohol-lesson-plan-pack</p>	KS 3-4
	<p>Drugs on the brain. FRANK pulls back the curtain on where these drugs come from, how they're made and how they affect your mind. http://www.talktofrank.com/drugs-on-the-brain</p>	KS3-5
	<p>National Crime Agency - Cyber Choices Lesson Plan This lesson plan is available for teachers across the UK to help to educate pupils about what Cyber Crime is, the effects it has and to introduce the Computer Misuse Act. cybersecuritychallenge.org.uk/app/uploads/2016/09/parents-lesson-plan.pdf</p>	KS 3-4
Cyber Crime	<p>RISE ABOVE Public Health – Bullying and Cyberbullying Lesson Using peer-to-peer discussion, scenarios and videos, students explore different situations in which people can treat others in a negative way, as well as discover strategies to deal with hurtful types of behaviour. https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview#bullying</p>	KS 3-4

Child Sexual Exploitation	Child Exploitation Online Protection command (CEOP)	All
	The Resource Library enables you to search and view Thinkuknow resources by category and age range. new.thinkuknow.co.uk/professionals/	
	Exploited is a resource pack which aims to help prevent child sexual exploitation by educating young people about how to stay safe. It was produced by CEOP (Child Exploitation & Online Protection Centre) with input from a range of national partners including the NSPCC, Brook, the Sex Education Forum and Barnado's https://www.psheassociation.org.uk/sites/default/files/Exploited%20resource%20pack.pdf	KS 3-4

For online safety advice and resources CEOP recommend:

Online Safety	NSPCC resources with an online focus include their Share Aware videos (and accompanying lesson plans) and their Net Aware tool for parents and carers www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/	All ages
	The UK Safer Internet Centre, a partnership between the Internet Watch Foundation, South West Grid for Learning, and Childnet www.saferinternet.org.uk/	
	Internet Matters for advice for parents on issues such as cyberbullying, inappropriate content, online privacy and reputation www.internetmatters.org/	
	Parent Zone, advice and information for parents and carers on all aspects of children's safety and well-being, with a focus on digital safety. parentzone.org.uk/	
	Childnet - Online Safety in the Computing Curriculum www.childnet.com/resources/esafety-and-computing	
	Childnet – Skills Schools. Keep your skills up to date in how to stay safe online with these videos and guides http://www.childnet.com/young-people/primary	

	<p>Digiduck’s Big Decision - The Digiduck® collection has been created to help parents and teachers educate children aged 3 - 7 about how to be a good friend online. The collection now includes a book, PDF and interactive app. http://www.childnet.com/resources/digiducks-big-decision</p>	3-7yrs
Online Safety	<p>Smartie the Penguin An online safety story for 3 to 7 year olds. Join in with Mummy Penguin’s song and follow the adventures of Smartie the Penguin as he learns how to be safe on the internet. The story covers the following 3 themes;</p> <ul style="list-style-type: none"> • Pop ups and in app purchasing • Inappropriate websites for older children • Cyberbullying <p>http://www.childnet.com/resources/smartie-the-penguin</p>	3-7yrs
	<p>Crossing The Line- a practical online safety PSHE toolkit with films and lesson plans to explore online issues with pupils aged 11-14 years old. A PSHE Association Quality-Assured Resource. Covers the following topics:</p> <ul style="list-style-type: none"> • Cyber bullying • Sexting • Peer Pressure • Self-esteem <p>http://www.childnet.com/resources/pshetoolkit</p>	11- 14yrs
Hate Crime	<p>True Vision host products that are designed to assist teachers, professionals and those who are working in our communities to promote positive relations and reduce the harm caused by hate crime report-it.org.uk/education_support</p>	KS 3-4
	<p>CPS Educational resource pack aimed at tackling homophobic and transphobic bullying and hate crime amongst young people. www.cps.gov.uk/publications/docs/cps_lgbt_teacher_pack.pdf</p>	KS 3-4
	<p>CPS Racist and Religious Hate Crime Resource for Schools reportit.org.uk/files/classroom_activities_and_pupils_worksheet_s.pdf</p>	KS 3-4
	<p>Prejudice and Stereotypes Part of the Equality Commissions Secondary Resource range. Students explore stereotypes of different genders and of teenagers to appreciate how it feels to be labelled https://www.equalityhumanrights.com/en/secondary-education-resources/lesson-plan-ideas/lesson-5-prejudice-and-stereotypes</p>	KS 3-4

A short, hard-hitting film ('Consequences') developed by the home Office for use with young people aged between 11 and 18 years old.

KS 3- 4
FE

To gain an understanding of why some young people get involved in serious and organised crime, looking at the role of money and status, and exploitation by criminal groups.

infed.org/mobi/wpcontent/uploads/2015/03/serious_and_organised_crime_toolkit_19.pdf

Trapped – County Lines .Police, local authorities, Greater Manchester Combined Authority, young people and an MP have launched a campaign to stop criminal gangs from grooming children and vulnerable adults to commit crime. The campaign, known as 'Trapped', aims to raise awareness of criminals who are grooming and exploiting children and young adults to commit crime on their behalf

KS 3-4
FE

<https://www.youtube.com/watch?v=pLhGpS1f-F0>

Serious and Organised Crime

Love or Lies? is a comprehensive educational resource pack containing lesson plans and interactive exercises designed for use with groups of young people in schools. It also contains information and exercises aimed at staff (which could be used by a wider group of front line professionals) highlighting the signs and indicators of sexual exploitation and internal trafficking.

KS3-4

<https://www.fpa.org.uk/sites/default/files/love-or-lies-free-lesson-plan.pdf>

Gangs Street Violence - A selection of resources to discuss gangs the culture of gangs and a conference on street violence.

KS 3-4

<https://www.tes.com/teaching-resource/gangs-street-violence-6001464>

Keeping Safe out and About - These lesson plans have been written for teachers in primary schools who want to teach about the risks of participating in anti-social behaviour, gangs and gang related behaviour and keeping safe in the local area.

Year 6

<http://www.healthyschools.london.gov.uk/sites/default/files/Y6%20keeping%20safe%20out%20and%20about.pdf>

Domestic Violence and Sexual Abuse

This **comprehensive Education Package** has been produced by the Thames Valley Partnership, as part of the '**No Joke**' programme funded by Comic Relief, with input from a range of professionals with specialist expertise in this field

KS 3-4
FE

www.thamesvalleypartnership.org.uk/work/past-projects/domestic/no-joke/no-joke-lesson-plans

Domestic Violence and Sexual Abuse	<p>Is this Love? The main focus of this study pack is to look at abuse within teenage relationships and help young people start to think about their own experiences, behaviours and what they want for the future. What constitutes a healthy relationship and what is acceptable in a relationship and what is not. www.devon.gov.uk/adva-education-pack.pdf</p>	<p>KS4 / FE</p>
	<p>PANTS The NSPCC Underwear Rule teaching resources support practitioners to deliver messages to pupils that help keep them safe from harm and abuse. The Talk PANTS teaching resources consists of one core lesson that is suitable for Early Years/Foundation/PS1-4 and Key Stage 1. https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/underwear-rule-schools-teaching-resources/</p>	<p>KS 1-2</p>
	<p>Disrespect NoBody teaching resources on preventing teenage relationship abuse. The Home Office Disrespect NoBody PSHE education teaching materials are designed to support the Government’s campaign to help prevent abusive behaviours within young people’s relationships. https://www.pshe-association.org.uk/curriculum-and-resources/resources/disrespect-nobody-teaching-resources-preventing</p>	<p>KS 2-5</p>
Preventing Violent Extremism	<p>The Expect Respect Educational Toolkit - consists of one easy to use ‘Core’ lesson for each year group from reception to year 13 and is based on themes that have been found to be effective in tackling domestic abuse https://www.womensaid.org.uk/what-we-do/safer-futures/expect-respect-educational-toolkit/</p>	<p>ALL</p>
	<p>Educate Against Hate. This website gives parents, teachers and governors practical advice on protecting children from extremism and radicalisation. There are a wide selection of resources and lesson plans in the Teachers section most of which have undergone evaluations and checks for suitability by the Department of Education and the Home Office educateagainsthate.com/teachers/</p>	<p>ALL</p>
Preventing Violent Extremism	<p>Prevent and schools - resources and lesson plans www.lbhf.gov.uk/children-and-young-people/schools-and-colleges/school-staff-zone/prevent-and-schools/prevent-and-schools-resources-and-lesson-plans</p>	<p>KS3-4 FE</p>
	<p>Extreme Dialogue - these sessions aim to build resilience to radicalisation among young people through a series of open-access educational resources http://extremediadialogue.org/about/</p>	<p>KS 3-4 FE</p>

Far right: The extremist narrative is an excellent set of resources/short films from the London grid for Learning. There are 5 in total.

http://counterextremism.lgfl.org.uk/FR_narrative.html

Modern Slavery and Human Trafficking

Modern Day Slavery - Does Slavery Still Exist?

The main focus of this lesson is research through group work where students uncover different sub-topics of modern slavery (trafficking, domestic work, child slavery, bonded and forced labour).

KS3

<https://www.tes.com/teaching-resource/modern-day-slavery-does-slavery-still-exist-6454431>

Human Trafficking - This lesson was created by Citizenship PGCE students. It includes a lesson plan, power point, youtube clip and first activity resources. It can be used as part of an active citizenship campaign or simply to introduce the problem of human trafficking.

KS3-4

<https://www.tes.com/teaching-resource/human-trafficking-6338824>

Resilience

Build resilience - When is the best time to think about what to do in a crisis? That's the driving principle behind these practical approaches to building resilience from the British Red Cross. Students and teachers together reflect, explore and experiment with responses to some form of crisis .

KS 3-4

Scenarios include spiked drink, legal highs, passenger abuse and inaction.

<http://www.redcross.org.uk/What-we-do/Teaching-resources/Quick-activities/Build-resilience>

Terrorism Safety Advice

ACT for Youth: RUN HIDE TELL

KS 3-4

Security experts from Counter Terrorism Policing have commissioned the creation of an animated core film designed to teach young people how to react if caught up in an a gun or knife terror attack.

The film, aimed at 11 to 16 year olds, will also show them what to do if they see suspicious behaviour or a suspicious item.

Versions of the new film for Key Stage 3 and 4 pupils, (ages 11-14 and 15-16), will be the cornerstone of teaching material, specially-designed by the PSHE Association and available to Schools and Youth organisations.

KS 3-4

All materials needed to deliver these sessions can be found here:

<http://www.npcc.police.uk/CounterTerrorism/ACTforYouth.aspx>

Crime and Criminality	<p>Fearless Run by Crimestoppers and is a site where young people can access non-judgemental information and advice about crime and criminality. What makes this site different is that it also provides them with a safe place to give information to us about crime - 100% anonymously https://www.fearless.org/en</p> <p>Educational Resources: There are a number of excellent resources including films and packs on the following areas:</p> <ul style="list-style-type: none">• Weapons• CSE• Theft and Robbery• Criminal damage• Violence• Gangs (County Lines)• Drugs• Abuse• Cyber Crime <p>https://www.fearless.org/en/professionals/resources/weapons</p>	KS 3-4
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This resource is coordinated and published by the Safer East Sussex Team

<http://www.safeineastsussex.org.uk/contact-us.html>